



Internal Family Systems (IFS) is at the forefront of a movement toward a more collaborative therapeutic approach that relies on clients intuitive wisdom.

IFS is one of the fastest growing psychotherapeutic models in the field today, offering a clear, non-pathologising, and empowering view of human life.

IFS provides a dynamic therapeutic approach that allows both therapist and client to enter a transformational relationship in which healing occurs.

IFS model easily integrate it into a wide variety of practices using the unique methods to create safe environments for clients to become Self-transforming.

Internal Family Systems therapy is a simple yet sophisticated integration of psychology, spirituality, and intra-psychic and family systems theory.



Schedule:

9 to 1,30 pm and 3 to 6pm

Location:

Residencia Martí Codolar
Avda Cardenal Vidal i Barranquer, 15
Barcelona

Dates:

September 26th to 30th 2018
December 5th to 9th 2018

1.600 euros

ES64 1491 0001 2430 0006 4761

Trainers:

Susan Mc Connell
Mike Elkin

Organization:

IFS-Hispania
ifs.hispania@gmail.com

www.ifshispania.com



IFS therapy has now been accepted as an evidence based practice in the US and is listed on the NREPP (National Registry for Evidence Based Programs and Practices)

**IFS:
INTERNAL
FAMILY
SYSTEMS**

Level 2 Barcelona

